**家庭功能和冲动水平：消极应对和愤怒情绪的中介机制**

**摘要** 目的：探讨家庭功能、消极应对、愤怒情绪对冲动水平的影响机制。方法：采用家庭功能问卷、应对方式问卷、自我控制双系统量表、状态-特质愤怒问卷对3308名新生施测。结果：(1)家庭功能与消极应对、愤怒情绪和冲动水平三者均呈负相关；(2)家庭功能对消极应对、愤怒情绪和冲动水平有显著负向预测作用；(3)消极应对和愤怒情绪在家庭功能与冲动水平间的简单中介效应量分别为-0.064和-0.028，占总效应的13.31%和5.82%；二者在家庭功能和冲动水平间的链式中介效应量为-0.028，占总效应的5.82%。结论：消极应对和愤怒情绪在家庭功能和冲动水平间具有链式中介作用。

**关键词** 家庭功能 消极应对 愤怒情绪 冲动水平

Family Function and Impulsivity in College Freshmen:

the Mediating Role of Negative Coping and Anger Emotion

**Abstract** Objective: To explore how family function, negative coping and anger emotion affect impulsivity in college freshmen. Methods: A effective sample of 3308 college freshmen was recruited to complete. Family Assessment Device, Dual-Mode of elf-Control Scale, Trait Coping Style Questionnaire, and State-Trait Anger Expression Ventory-2. Results: (1)There were significantly negative correlations between family function and negative coping , anger emotion, impulsivity;(2) Family function negatively predicted negative coping, anger emotion and impulsive level; (3) The simple mediating effects of negative coping and anger emotion between the family function and impulsive level were -0.064 and -0.028 respectively, accounting for 13.31% and 5.82% of the total effect; both negative coping and anger emotion played a chain mediating effect between family function and impulsive level with the chain mediating effect of -0.028, accounting for 5.82% of the total effect. Conclusion: Negative coping and anger emotion played a chain mediating effect between family function and impulsive level.

**Key words** Family function Negative coping Anger emotion Impulsivity